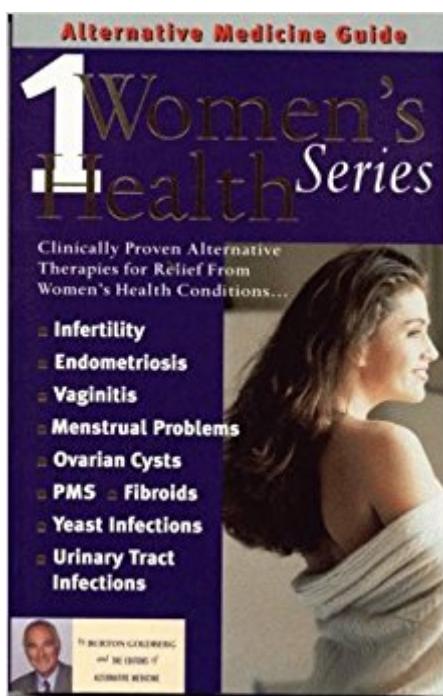


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Alternative Medicine Guide To Women's Health 1 (Women's Health Series) (Volume 1)



Synopsis

No longer will women have to put up with their health problems. This book is a woman's indispensable guide to reversing health problems based on the expert advice of 68 leading physicians. It contains clinically proven alternative therapies for relief from conditions such as infertility, endometriosis, vaginitis menstrual problems, ovarian cysts and much more.

Book Information

Series: Women's Health Series (Book 1)

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Average Customer Review: 4.1 out of 5 stars 5 customer reviews

Best Sellers Rank: #2,004,061 in Books (See Top 100 in Books) #13 in Books > Health, Fitness & Dieting > Women's Health > Menstruation #4520 in Books > Health, Fitness & Dieting > Women's Health > General #5071 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

"This guide is a rich resource for women looking to empower themselves in their quest for optimal health and vitality." -Let's Live Magazine "Women have difficult decisions to make about hormone replacement therapy, cancer prevention, and such common problems as fibrocystic breast disease, PMS, urinary infections, infertility, and osteoporosis. Women's Health explains how to prevent and eliminate these conditions naturally." -Author/Publisher Burton Goldberg For more information visit the Alternative Medicine website. --This text refers to an out of print or unavailable edition of this title.

BURTON GOLDBERG is the founder of Alternative Medicine magazine, the leading consumer publication in the field. He lives in Tiburon, California. For more than 14 years, Alternative Medicine magazine has been the trusted voice of the complementary and alternative medicine field. Alternative Medicine guides and inspires its readers to make informed decisions about their health

and well-being in every facet of their lives. Its editorial content, backed by the strength and credibility of the research in peer-reviewed practitioner journals, emphasizes practical solutions and gives readers the information they need to better care for themselves. --This text refers to an out of print or unavailable edition of this title.

This book has come in handy for not just me, but a dozen of my friends as well. It's filled with some great information, reading it gave me the knowledge and questions to ask/talk to my doctor with to help me get my health back on track. I own 1 & 2 and have used them for reference for years for my gall bladder issues and hormones. Expanding your thought patterns to improve your health is always a great thing!

The writing is soooo small I can hardly read it. otherwise seems like a good book when skimming through

I purchased this book for my sister, she said she loves it and the information is very good. She reads it daily and stated that she's trying a few ideas.

great book

After hearing my wife's gynecologist mention more Lupron shots, Gonadotrophins and a second Laparoscopy, I was desperately seeking more information on Endometriosis. That's when I bought this book. And our lives have changed for good, forever. This book lead us to a doctor practising Homeopathy. After starting treatment, my wife's cyst is gone, her periods are totally painless, and guess what - she got pregnant too! Can't thank the authors enough.

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